

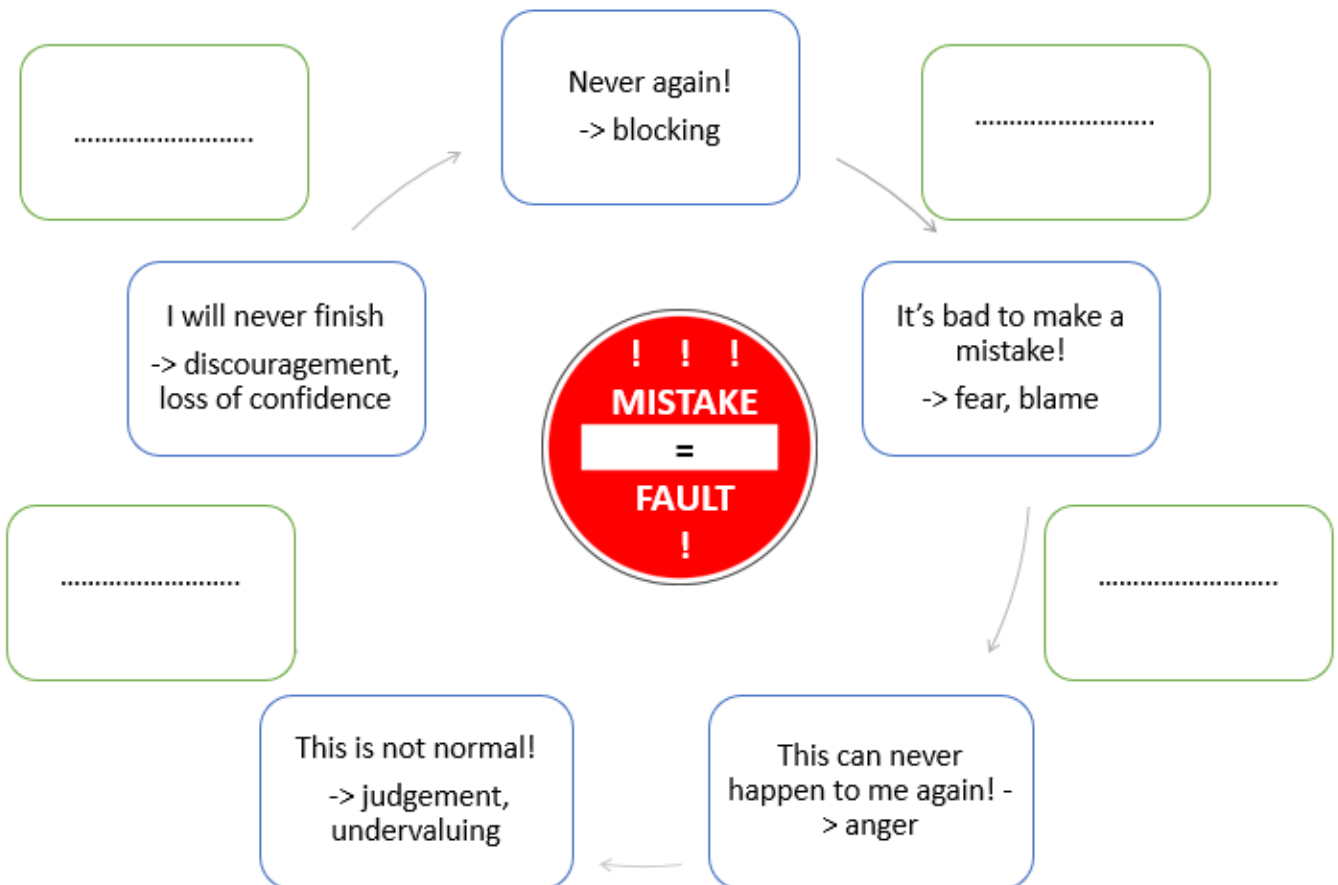
WORK SHEET – Exercise 9A

Mistakes: How do I feel?



When Ms Sandal is feeling **stressed** and **strict**, you have to be very serious and focus in her classroom. Every error is seen as a huge fault! Learning is a tedious and strenuous path.

And you? What would you think if you were in that class? What would you tell yourself? How would you feel?



WORK SHEET – Exercise 9A

Mistakes: How do I feel?



When Ms Sandal is feeling more **open** and **curious**, you explore, try things out and make mistakes: if you do it's no problem, you start over. Every mistake, every hesitation is seen as a piece of interesting information. Learning is a joyful and interesting path.

And you? What would you think if you were in that class? What would you tell yourself? How would you feel?

