

WORK SHEET – Exercise 1A

Super observer!



There are indicators for recognizing emotions.
Which part of me or my friend do I have to observe?

ME

I observe/I look at/I pay attention to:

- my face

.....
.....
.....

- my body

.....
.....
.....

- my breathing

.....
.....
.....

- my voice, my words

.....
.....
.....

- my reactions, my behaviour

.....
.....
.....

- my thoughts

.....
.....
.....

MY FRIEND

I observe/I look at/I pay attention to:

- her/his face

.....
.....
.....

- her/his body

.....
.....
.....

- her/his breathing

.....
.....
.....

- her/his voice, her/his words

.....
.....
.....

- her/his reactions, her/his behaviour

.....
.....
.....

- her/his thoughts

.....
.....
.....

When I have collected enough indicators, I will say that emotion.

When I have collected enough indicators, I will say that emotion.

WORK SHEET – Exercise 1A

Super observer!

There are indicators for recognizing emotions.

Observe the indicators given by the characters in the story, imagine what they think, remember what they said. Then name the emotion that you recognize.

